

## VWASIG Minutes – February 8, 2017

VWASIG trustees met on February 8, 2017 at Willow Bend Country Club at 9:00am. Members present at the time of roll call include Ken Amstutz, Ruth Ann Dowler, Mike Estes, Hollie Ford, Staci Kaufman, Todd Keller, Matt Krites, Jeff Snyder, Cindy Tinnel, Rachael Thomas, Carol Williman and Carolyn Winhover. A proxy was received for Ray Burden. Also present were Kris Gerken, Ally Druckemiller, Alissa Culp, Mike Ruen, Laura Peters, Ashley Whetsel, Troy Bowersock and Kimberly Jones.

Kevin Gehres and Debbie Compton arrived at 9:03.

Minutes of the December 14, 2016 meeting were reviewed and approved. Staci Kaufman made a motion accept the minutes. Jeff Snyder seconded the motion. Voice vote: Yes – 13 ½ ; No – 0.

Mike Ruen gave the Financial and Flexible Spending reports for December 2016 and January 2017.

Staci Kaufman made a motion to accept the financial report. Hollie Ford seconded the motion. Voice vote: Yes – 13 ½ ; No – 0.

Jeff Snyder made a motion to accept the flexible spending report. Mike Estes seconded the motion. Voice vote: Yes – 13 ½ ; No – 0.

The Actuarial Certification Statement of the Health Care Plan of VWASIG for the Plan Year ending December 31, 2016 was approved, although the margin is getting tighter each year. Hopefully that will improve with our recently implemented premium increase.

Kevin Gehres made a motion to accept the Actuarial Certification Statement of the Health Care Plan of VWASIG for the plan year ending December 31, 2016. Debbie Compton seconded the motion. Voice vote: Yes – 13 ½ ; No – 0.

The 2015-2016 FSA Final Statement of Account from FlexBank reports a Final Account Balance of \$720.07. Mike Ruen requested FlexBank leave that money in our account to cover future risk. With our new plan year corresponding to the calendar year, we have an increased risk for employees that elect an amount in January, use the full amount by the end of the school year, and don't return for the following school year to complete contributions. VWASIG would eat that loss. Note that we had been up around 20% participation prior to initiating HDHP with H.S.A. account. Now we are below the national average of 15%, with 7% VWASIG participation.

Alissa Culp gave the FlexBank report.

Huntington report

- A. Kris Gerken provided an Aetna Utilization Review with a plan cost summary packet broken out by PPO, HDHP and Dental.
- B. Huntington plans to re-price claims with other carriers. Kris explained that our administrative contract with AETNA expires 1/1/18 and he is evaluating potential carriers now for 2018.
- C. Ally asked if we still need the Monthly Audit/Transaction Reports provided by AETNA. Are the reports helpful and are there any continuing issues? Comments were that the data could be valuable, but reports are very difficult to read and not always accurate.

- D. Kris reported on our Prevention Care Metrics. We are above the national book of business rate in all areas except Cholesterol, but most of our members get this through our VWASIG screening.
- E. Ally gave an update on Teledoc/Compass Utilization. Teledoc and Compass utilization is low. Willing to give Teledoc a little more time. Compass cost over last three years has been approximately \$90,000 and approximate savings has been \$31,000 for the same time period.

Staci Kaufman made a motion to give 30 day notice to Compass to terminate their service with VWASIG. Debbie Compton seconded the motion. Voice vote: Yes – 13 ½ ; No – 0.

Huntington will provide a notice that each district can forward to their members.

- F. Ally noted that we can request their assistance regarding Employer Reporting questions.

Kimberly Jones and Anne Dunn gave options for evidence based/best practice interventions.

1. Tobacco Treatment Services
  - a. One-On-One \$60/hour
  - b. Group Program: 8-1 hour sessions \$1500
2. Group Lifestyle Balance Program for diabetes prevention
  - a. 22 sessions over 1 year
  - b. Goals of 7% weight loss and 150 minutes of exercise/week
  - c. \$349/person
3. Health Coaching
  - a. 1-on-1 sessions
  - b. \$60/hour

Staci Kaufman made a motion to implement Tobacco Treatment Services, Group Lifestyle Balance Program for diabetes prevention and Health Coaching through West Central Ohio Regional Healthcare Alliance. Enrollees must be 18 years and older, and entered into Medikeeper. Enrollee pays all costs up front for the Lifestyle and Health Coaching programs and at successful completion receives 50% reimbursement. VWASIG pays full cost of program session for Tobacco Treatment Services. In this plan year VWASIG will approve a sustained results incentive plan. Non-VWASIG enrollees may participate in any of these three programs at their own expense. Ruth Ann Dowler seconded the motion. Voice vote: Yes – 13 ½ ; No – 0.

Next meeting will be Wednesday, April 12, 2017 at 9:00am at Willow Bend Country Club.

Ruth Ann made a motion to adjourn the meeting. Todd Keller seconded the motion.

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Recording Secretary: Carolyn Winhover

Date: \_\_\_\_\_